## Feedback and evaluation



## How to use the survey links

Evaluation is key to the success of the Lifelines project. The data we collected from the surveys completed before and after the courses has demonstrated their effectiveness and shown that delegates report an increase in skills and confidence in looking after themselves and colleagues.

We need your help to continue to collect both the pre and post course data and ask that you share the survey links with the delegates attending your sessions.

Thank you.

## Which links to use and when

How you distribute the surveys depends on how you're delivering the sessions. We've outlined the most common options below:

- MODULE 1 (single session only)
   Before the course send –
   https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/pre-swursyc-mod1
   After the course send –
   https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/post-swur-mod1
- MODULES 1- 5 (whether delivered on the same day or separate sessions)
   Before Module 1 send https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/pre-swursyc-mod1
   When all 5 modules are completed send https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/post-swursyc-mod5
- MODULES 6-7 (whether delivered on the same day or separate sessions)
   Before Module 6 send https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/pre-pts-mod6
   After Module 7 send https://app.onlinesurveys.jisc.ac.uk/s/nhslothiansurveys/post-pts-mod7