

My Important Health Information



Use of this document is endorsed and recommended as good practice by NHS Lothian –please see attached guidance notes.

Name:

My CHI Number:

My DOB:

My Religion:

Address:

Telephone Number:

Emergency Contact Person:

Relationship:

Address:

Telephone Number:

Emergency Contact Person:

Relationship:

Address:

Telephone Number:

Professionals I See:

Tel. Number

Allergies I have:

Some of my medical history:

Personal Safety:

How I like medical treatment:

How I Communicate:

How I like to eat:

Sensory/Sensitivity – How it affects me:

How I show Pain

Anxiety/Behavioural Issues – How I show it

Mobility – How and why I move about

Additional Information

Completed byDate

Guidance notes for use - “My Important Health Information”

“My Important Health Information” is a support tool for people with a learning disability, their parents, carers and support staff to improve their health experiences by sharing essential, helpful, important health information with health staff when needed.

This document was developed collectively between NHS Lothian health staff, people with a learning disability, parents, carers and partners in social care.

NHS Lothian endorses and recommends use of this document as an example of good practice.

It is important that all information is collected in consultation with the person.

This is a helpful tool for someone who relies on their carer or parent to explain their wishes and care needs to health staff.

The person, their parent, carer, or guardian, are responsible for completing and updating the information in this document which should be taken with them when they attend any health appointment (e.g. Dentist, GP, Hospital)

The information **must be reviewed** on a minimum **6 monthly** basis and when **health circumstances change**. It is important that the person, key worker or main carers are involved with the review.