

## What will happen at my appointment?

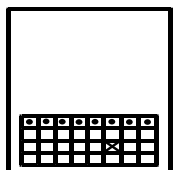
The psychologist will take you to a private consulting room and will:



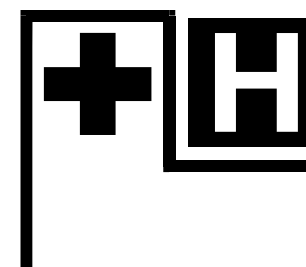
- ♦ ask you about the problems you have been having. This will be much the same as seeing your GP but you'll have more time to go into detail so the Psychologist can try to understand your problems



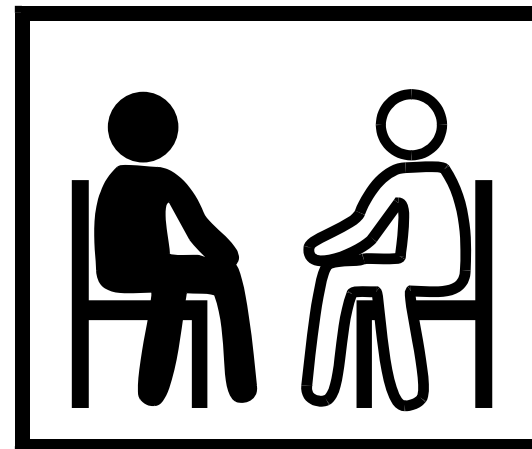
- ♦ discuss different treatment options with you and help you to decide which would be most useful.



You may be asked to come back at another time.



# Psychology Clinic



## Outpatient Department

You can get this leaflet in audio, Braille, large print, various computer formats or in community languages. Please contact Interpretation and Translation Service (ITS) on 0131 242 8181 and quote reference **00540/21**.

## What is the Psychology Clinic?



You will see a psychologist who will talk to you and try to help you with the problems you have been having.



**If you need help or a wheelchair, please phone us before you come. Our phone number is on your appointment letter. Please try to arrive on time.**

## What should I do when I get there?



When you arrive, go to the reception desk. Hand in your appointment card or give your name.

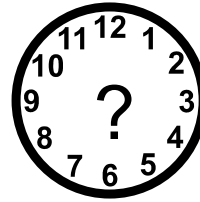


The receptionist will ask you to sit in the waiting area. Someone from the clinic will call your name when it's your turn to be seen.

## What should I do if I cannot come?



If you cannot come to your appointment please phone the number on your appointment letter or e-mail the address on your appointment letter.



## How long will my appointment take?

Please allow up to an hour for your appointment. When the clinic is very busy you may have to wait.

We will tell you how long you have to wait.

We will give you another appointment time if you cannot wait.

## What should I bring to the appointment?

Bring:

- ♦ your appointment letter
- ♦ a list of questions you might want to ask.

