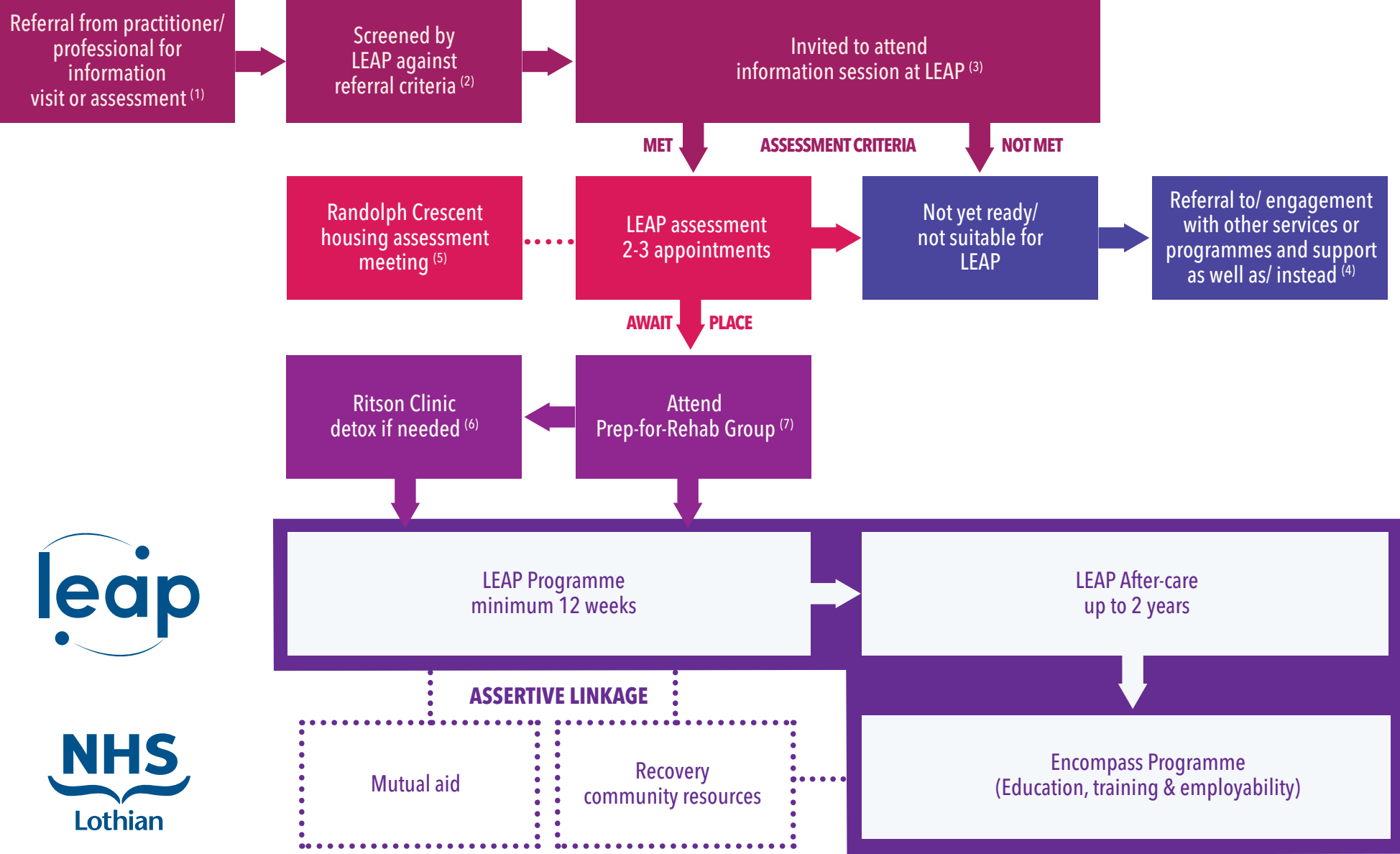


RESIDENTIAL REHAB PATHWAY (LOTHIANS)



RESIDENTIAL REHAB PATHWAY NOTES (LOTHIANS)

- (1) e.g., CPN, GP, social worker, consultant, voluntary sector, criminal justice, homelessness, learning disability or mental health services to single point of referral at LEAP using SCI Gateway (GPs) or the LEAP Referral Form which can be downloaded from LEAP website:

<https://services.nhsllothian.scot/leap/Pages/Referrals.aspx>

or from RefHelp:

<https://apps.nhsllothian.scot/refhelp/SubstanceMisuse/Leap>

The form may be emailed (leap.programme@nhsllothian.scot.nhs.uk) or posted to:

**LEAP Woodlands House, Astley Ainslie Hospital,
74 Canaan Lane, Edinburgh EH9 2TB**

- (2) Medication Referral Criteria:

- methadone 60mg (to reduce to 50mg by admission);
- diazepam 20mg;
- buprenorphine 20mg;
- Espranor 18mg;
- Buvidal 96mg.

Complete referral criteria detailed on LEAP website or RefHelp (above).

- (3) Group Information sessions *or one-to-one by arrangement*, and later meeting with therapist at:

**LEAP Woodlands House, Astley Ainslie Hospital,
74 Canaan Lane, Edinburgh EH9 2TB**

0131 446 4400

- (4) e.g., further preparation at the hubs, other community services for planning extra support alongside or after the LEAP programme. In some cases rehab elsewhere and/ or other appropriate support and mutual aid.

- (5) Housing assessment meeting at:

**2 Randolph Crescent,
Edinburgh EH3 7TH
0131 220 1607**

- (6) LEAP staff will send a referral to the Ritson Clinic so that care can be joined up. Please do not make a separate referral unless clinically urgent.

- (7) Prep-for-Rehab Groups at:

**St. John's Church,
Lothian Road,
Edinburgh
EH2 4BJ
07901 515874**

