**

LANFINE

SERVICE

for people living with a progressive neurological condition

Astley Ainslie Hospital

133 Grange Loan

Edinburgh, EH9 2HL

Tel. 0131 537 9087

**How to seek our help:**

Any health or social care professional can request support for you, by contacting our office for a referral form on 0131 537 9087.

Once a request is received, our team will consider the issues and coordinate the next steps.

Please note we do not offer emergency admissions or provide respite.

**Self-referral:**

Once you are known to the service, you can request advice or support directly by contacting our office.

**Feedback about our service:**

We are keen to improve our service and are interested in your views. We will contact you with a survey from time to time.

If you have any other comments, compliments or complaints, please contact our office.

Tel. 0131 537 9087

**What people have said about the Lanfine Service:**

**“**Helpful advice and information, respecting my choices. Keeping door open for me to get in touch... many thanks.”

“The home visit was perfect. Nothing was rushed. I was made to feel at ease and was listened to.”

“We are grateful for the assistance of your speech therapist and enjoyed the visit of your team to see how he was progressing... please thank everyone in the team as he does appreciate the attention and we know we can contact you if he has any problems.”

“The Carer Support Officer is the most considerate person and I appreciate him sending me the forms to allow me to apply for respite funding.”

April 2019

**What is the Lanfine Service?**

The Lanfine Service is for people (and their families) living with progressive neurological conditions such as:

* Multiple Sclerosis (MS)
* Huntington’s disease (HD)
* Multi-Systems Atrophy (MSA)

**What do we offer?**

We can work with you, and those who support you, to live well with your condition and to cope when things change.

Our aim is to work with you long-term to support your independence at home or in supported accommodation.

We also aim to be a bridge that connects and advises the acute hospitals, GPs and community services involved in your care.

The core of what we do is to combine our experience with your views to complete an assessment.

We then agree a plan that aims to support your needs as an individual.

**How do we work?**

We accept referrals from other healthcare providers or from you if you are already known to the service.

**Who are we?**

We are a team of experts including:

* Doctors
* Nurses
* Physiotherapists
* Occupational therapists
* Psychologists
* Speech and language therapists
* Dietitians
* Carer Support Officer

Our skills are diverse, reflecting the varied and individual challenges of living with progressive neurological conditions.

We work across disciplines so we can assess and support a range of issues.

The team liaises with health, social care and the voluntary sector to provide additional support as appropriate.

Depending on the issue, we might speak on the phone, see you at home, see you in clinic or agree that a brief period of inpatient assessment is needed.

The areas we can explore with you include:

* mobility (getting about)
* swallowing, communication and nutrition
* pain and spasms
* medication
* continence (bladder and bowels)
* personal care, domestic and leisure activities
* low mood or loss of confidence
* memory and thinking
* planning for the future
* support for friends and family who care for you.