

## Cervical Screening

Cervical screening (smear test) is a quick test to check your cervix (neck of the womb) for the Human Papilloma Virus (HPV). Cervical screening is routinely offered to anyone with a cervix in Scotland between the ages of 25 and 64 every 5 years.

## **Cervical Screening - Social Story**



 ✓ (1) Your cervical screening appointment will be at your GP surgery.



(2) You will be asked to wait in the waiting area until the nurse is ready to see you.



 (3) The nurse will explain what is going to happen during the test before they begin and will ask if you have any questions. It is up to you if you want to go ahead with the test.



✓ (4) The test will take about 5 minutes.



 (5) The nurse will ask you to go behind the curtain and undress from the waist down. You will need to take your pants off for the test.



 ✓ (6) The nurse will ask you to then lie on the bed. You will be given a sheet to cover yourself or you can bring a blanket.



 ✓ (7) The nurse will gently insert a speculum into your vagina so they can see your cervix.



 (8) The nurse will then take a sample of cells from your cervix with a soft brush.



 ✓ (9) You can ask the nurse to stop the test at any time.



 ✓ (10) You can then get dressed again as your test is finished.



 ✓ (11) You and your GP will also be posted a letter with your results within 3 weeks.



If you are between 25 and 64 years old and did not have a cervical screening in the last 5 years, please get in touch with your GP.