



NEW COURSE: Transforming Connections in Primary Care



Date / Time / Venue

Monday 19th October 2026. 9.30-4.00. MS Teams.

Trainer:

Katy Davies.
Principal Clinical Psychologist| Transforming Psychological Trauma Implementation Coordinator,
Psychology Department.
Royal Edinburgh Hospital

Booking details

loth.gptrainingapps@nhs.scot

Please book early as spaces there are limits on numbers.

Who is the course aimed at?

General Practitioners
Practice Managers
Practice Nurses
Primary Care Nurses
Primary Care Advanced Nurse Practitioners
Administrative staff in the Primary Care Settings

Closing Date

- 28th September 2026

Spaces will only be confirmed when a fully completed and signed application has been received. One application form per person.

Method of Delivery

- ✚ Presentation
- ✚ Group work / discussion
- ✚ Delivered via Microsoft TEAMS
- ✚ Group Discussions

Cost

- ✚ Cost to General Practice including 2C Practice and NHS Lothian Primary Care Services- £0-
- ✚ Cost to External Boards & Services outside NHS Lothian-£50
- ✚ DNA Cost- £25 per person

Course/topic content

This event is aimed at all people working in Scotland who are likely to come into contact with people who may have been affected by trauma.

The training aims to help attendees to understand:

- Definition and prevalence of trauma
- Ways that trauma can affect people, including impact on brain, body and behaviour
- Reasons why some patients react the way they do, at reception desk, in the clinical spaces or on the phone
- What trauma informed practice is and what it looks like
- How to support people following traumatic events and help recovery
- The importance of caring for our own well being

Learning in Lothian- General Practice Training

A cancellation fee will be charged should applicants fail to attend a course, and their place is not filled.

- If cancelled 4 to 1 week prior to course – **40% of full cost**
- If cancelled 1 week or less prior to course – **100% i.e. full cost**
- An administration charge of £25 will be added to the cost of courses, where a member of staff has failed to attend.
- An administration fee of £25 will be charged for free courses that are cancelled one week or less, prior to the start of the course. This charge will also apply to any member of staff who doesn't attend the course on the day.
- Your confirmation of attendance is confirmed when you receive your confirmation email.

