

Ring Pessary Changes

Date and Time

3RD of November 2026.

1.30-4.30

Training Room 11. The Comely Bank
Centre. Crewe Road South.
Edinburgh. EH42LD

Contact person

GP Training Apps

Contact details

Gptrainingapps@nhslothian.scot.nhs.uk
Please book early as spaces there are limits
on numbers.

Target group(s)

GP Practice Nurses and other Primary Care
Practitioners involved in changing (i.e.
removing and replacing) Ring Pessaries
within the General Practice.
Advanced Nurse Practitioners, who undertake
this activity.
General Practitioners

Cost per participant

£25 DNA/Late cancellation fee.

Lunch may be provided

Length of activity

Half Day

Regularity

At least twice a year- Under review

Method of delivery

- Lectures
- Workshops
- Group discussions
- Practical demonstration

Course/topic content

The course will be delivered by Urogynaecology Consultant and Nurse Specialists from NHS Lothian, who will cover the following:
Indications for using vaginal pessaries
Different types of pessaries and their use
Technique of removing and replacing ring pessaries with demonstration on the model
Problems with vaginal pessaries
When to refer to medical staff

Additional Information

GP Practice Staff will be expected to have their competency signed off by the GP prior to putting their gained knowledge and skills into practice.

Closing date:

Closing date: 19th November 2026