

TNR Level 6

College of Sexual and Reproductive Healthcare (CoSRH) ESSENTIALS FOR PRIMARY CARE

Date / Time / Venue

1st September 2026. 0830-16.30. Chalmers Sexual Health Clinic.

This is a 1-day course for up to 24 delegates.

Lead Trainer:

The course will be co-delivered by a variety of Sexual Health specialists from Chalmers Centre, NHS Lothian.

Lead Facilitators for the CoSRH- Claire Nicol and Katie Boog- Chalmers Centre.

Booking details

Loth.gptrainingapps@nhs.scot

Please book early as spaces are limited.

Spaces will only be confirmed when a fully completed and signed application has been received. One application form per person.

Spaces will be awarded on a first-come basis.

Who is the course aimed at?

Are you a primary care practitioner interested in developing your sexual and reproductive healthcare knowledge and skills? The College of Sexual and Reproductive Healthcare (CoSRH)SRH Essentials in Primary Care course is for you.

The CoSRH Essentials Course is aimed specifically at healthcare practitioners working in primary care settings. It provides an interactive day with scenario-based learning, presentations, time for discussion, questions and role play. It is relevant for those needing an introduction to SRH and also provides a useful update for more experienced staff. These courses are delivered in a variety of locations across the UK. SRH Essentials is not a competency-based course, and it is not assessed.

At the end of the course, you will be able to:

- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs
- Recommend an appropriate method of emergency contraception
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

Learning outcomes

At the end of the course, you will be able to:

- Perform a sexual health risk assessment.
- Undertake STI screening
- Recommend an appropriate method of emergency contraception
- Reissue the COC, POP, and injection contraceptive methods

Breakdown of Costs

To attend this course would normally be charged at £120 per delegate, which would be cross charged to your Practice.

Cost

- ✚ As a test of change, Practice Nursing will fund 20 spaces, while we evaluate the uptake of this course with Chalmers Sexual Health Clinic.
- ✚ Future cohorts will be chargeable
- ✚ **For this cohort a £25 DNA/late cancellation cost will be applied to Practices.**
- ✚ We will keep a waiting list, however Practice staff on the waiting list may be charged. We will inform you and the Practice at the time of rolling out the next cohort.

Pre-requisites

- ✚ Registered Healthcare professional working in Primary Care in a Practice Nurse Role
- ✚ Requirement in role to offer contraceptive review

A cancellation fee will be charged should applicants fail to attend a course, and their place is not filled.

- An administration charge of £25 will be added to the cost of courses, where a member of staff has failed to attend.
- An administration fee of £25 will be charged for free courses that are cancelled one week or less, prior to the start of the course. This charge will also apply to any member of staff who doesn't attend the course on the day.