



Smart devices sold separately

CGM on prescription rtCGM Dexcom ONE+

Dexcom ONE+ is a real-time continuous glucose monitoring system, which provides you with automatic glucose readings every 5 minutes via Bluetooth to a compatible smartphone* or optional receiver. Your sensor lasts for 10 days, warms up in 30 mins and **includes a 12 hour grace period of use** after the sensor session has ended.

*For a list of compatible smart devices, visit [dexcom.com/compatibility](https://www.dexcom.com/compatibility)

[Full information on Dexcom ONE+](#)

During set up, you will be guided in how to **set up and use both high and low alerts**.

The Dexcom ONE+ App and Optional Receiver screens will guide you through successfully getting started with your Dexcom ONE+ sensor. We are excited to help guide you along your way to better diabetes management with our self-guided training programme “Dexcom LEARN”

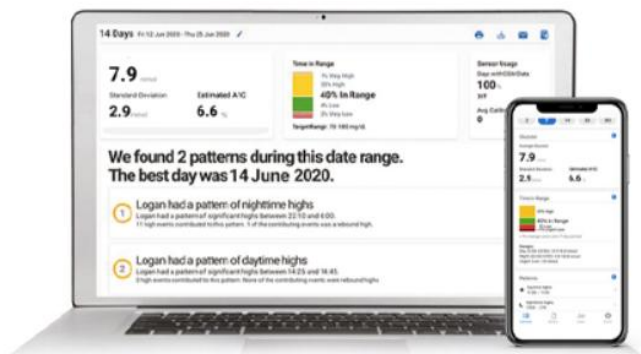
<https://www.dexcom.com/en-gb/learn> . Here you can also find further training to take you beyond the basics and to get the most out of your Dexcom CGM

We are confident that you will be successful in setting up your Dexcom ONE+, but in the case you require any further support, you can access any of these options:

- Our Online Bite-Size Dexcom LEARN journey <https://www.dexcom.com/en-gb/learn>
- Technical and Product Support - **0800 031 57 63**
- Book to attend an optional Group on-line session where we will help you to get started by visiting this QR code, or accessing this link:
[Dexcom ONE+ Group on line session Booking link](#)
- Contact our Nurse Led patient care team for further support on **patientcareuk@dexcom.com**

These options are also found in the “Ready to Get Started” section of our website

<https://www.dexcom.com/en-gb/learn>



Dexcom Clarity

You can also authorise sharing of your Dexcom Clarity data with your clinic so they can have access to your CGM information during visits or anytime you might need assistance.

Simply download the Dexcom Clarity App from your App Store and enter the clinic code that will be provided to you by your Healthcare Professional Team.

Dexcom CGM data in Glooko

Stay seamlessly connected to your Dexcom Continuous Glucose Monitor (CGM) with Glooko. With real-time data at your fingertips, you can monitor your glucose trends, set personalized alerts, and gain valuable insights into your health.

Using Dexcom Clarity with your optional receiver (Video)

<https://youtu.be/Ea8SCJ1G8DU>