

ASCVD = atherosclerotic cardiovascular disease

Oral medications (except metformin) are contraindicated in women of reproductive age who are not using adequate contraception

* BMI	People with a South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean family background are prone to central adiposity and their cardiometabolic risk occurs at lower BMI.  • overweight: BMI 23 kg/m² to 27.4 kg/m²  • obesity: BMI 27.5 kg/m² or above.
#GLP1a availability	Availability of these drugs is unreliable at the time of writing. If unable to commence GLP1a please consult MCN guidance on alternatives during shortage.
	https://services.nhslothian.scot/diabetesservice/information-for-health-professionals/prescribing-information/
Metformin	Consider slow release preparation if gastrointestinal side effects Should only be continued if eGFR <30 mL/min/1.73m² under specialist supervision
SGLT-2 inhibitors	Increased risk of genital infection Risk of euglycaemic ketoacidosis; require clear guidance to stop treatment if intercurrent, dehydrating illness.
	Dapaglaflozin should be initiated with specialist supervision if eGFR <25 ml/min but once initiated can remain on treatment until dialysis.
	Dapaglaflozin should be reduced to 5mg in severe hepatic impairment.
	For patients establisted (link for SGLT2i patient leaflets)
Semaglutide	Gastrointestinal side-effects; caution if previous pancreatitis Can worsen diabetic retinopathy, discuss with local diabetes team if pre-existing retinopathy.
	Take on an empty stomach with small glass water and avoid food, drink or other oral medication for 30mins.
	Once weekly injectable GLP-1 agonists are an alternative if adherence to oral administration guidance is difficult
	May need reduction of insulin or sulphonylureas.
DPP4 inhibitors (e.g sitagliptin)	Less effective than alternate therapies, only use if other therapies are contraindicated
Sulphonyl Ureas	Moderate to high risk of hypoglycaemia, particularly in the elderly. Patients should have education around hypoglycaemia symptoms and treatment and blood glucose monitoring to be performed if symptoms occur.