

# Bowel cancer screening



Everyone aged 50-74 years is sent a bowel screening test every two years.

The test is simple to do, requiring a small sample of poo to be collected and sent to the Scottish Bowel Screening Centre

## **Before completing the test, ensure that:**

The person understands the information provided and has decided to complete the test

**OR**

A decision has been made in the person's "best interests" under the Adults with Incapacity (Scotland) Act 2000.

Any discussion must be recorded in the person's Care Plan and Key Information Summary

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## **Be Aware**

The Bowel Screening Test is for people without symptoms. If the person has symptoms, for example blood in their poo, a medical professional should be consulted.

**FOR MORE INFORMATION, READ THE NHS LOTHIAN BOWEL SCREENING INFORMATION BOOKLET FOR HEALTH AND SOCIAL CARE STAFF.**

**SCAN THE QR CODE WITH YOUR PHONE OR GO TO  
[HTTPS://SERVICES.NHSLOTHIAN.SCOT/CAREHOMES/SERVICES-BLADDER-AND-BOWEL-HEALTH/](https://services.nhslothian.scot/carehomes/services-bladder-and-bowel-health/)**

