Resident with Eating, Drinking or Swallowing Difficulties?





Use the



Manual for Mealtimes





upporting people with eating, drinking and swallowing using the Manual for Mealtimes from NHS Lothian or Timeo.

To download a copy of the manual, view the vimeo or to visit the Speech and Language information and referral page on the Care Homes website please scan or click the QR Code ->



We can issue certificates for care and catering staff who have read the Manual and watched the training vimeo