

Think Carer

Training from VOCAL

Helping professionals identify and support unpaid carers

About

Think Carer training raises awareness of unpaid carers including the impact of caring and available support.

Practitioners, students and volunteers across health, social care, public and third sectors are in an ideal position to identify carers and help them access the support and resources they need to improve their quality of life as well as that of the person they care for.

By the end of the session, you will:

- recognise who carers are and know how to identify them
- understand how the caring role can impact carers and know why carers need your support
- demonstrate an awareness of the key practice points of the Carers (Scotland) Act
- know how to refer carers to supporting organisations and what support these organisations provide

We also deliver bite-sized sessions on **Future Planning, Wee Breaks, Adult Carer Support Plans (ACSPs)** and **Self-Directed Support/Community Brokerage** (coming soon).

Upcoming dates:

Think Carer: Mon 27 Oct, 2pm til 3pm
Think Wee Breaks: Thu 30 Oct, 11am til 11.30am
Think ACSPs: Tue 4 Nov, 2pm til 2.30pm
Think Carer: Mon 17 Nov, 11am til 12
Think Future Planning: Thu 27 Nov, 1pm til 1.30pm
Think Wee Breaks: Tue 2 Dec, 2pm til 2.30pm
Think ACSPs: Thu 4 Dec, 11am til 11.30am
Think Carer: Thu 11 Dec, 2pm til 3pm
Think Future Planning: Mon 15 Dec, 11am til 11.30am

Sessions are delivered via MS Teams. You can register using the QR code below, or by visiting vocal.org.uk/practitioners-employers/training/.



You can also contact Denise to arrange a **bespoke session** for your team (in-person or online).

For more information, contact Denise Millan on dmillan@vocal.org.uk.