

Dear Care Home Manager,

## Outbreak 'Grab' Boxes

Last winter we provided Care Homes in Lothian with an Outbreak 'Grab' Box. The response to these was very positive, with 80% of respondents to a survey saying they had used the box and its contents and 90% saying they would recommend others to use the box.

This year, whilst we are not providing new boxes or posters, we have attached information that you should find useful to print off and place in your Outbreak Box.

We will also provide each Care Home with a supply of 10 Viral PCR swabs and specimen bags to transport them safely to the GP practice. The form that should accompany the sample is also attached as well as a guidance flowchart from the Health Protection Team. Should you not receive the viral swabs, please contact your local Care Home Team, who will also hold a supply.

In addition ARHAI Scotland have launched a Winter Preparedness Campaign and the page can be accessed here: [Winter Preparedness Campaign](#). Our [NHS Lothian Care Homes Website](#) will also be updated and additional resources can be found there.

Should you require any further information, please do not hesitate to contact us at:

[loth.carehomes@nhs.scot](mailto:loth.carehomes@nhs.scot)

Yours sincerely

Audrey Pringle  
Care Home Programme Team