

# Each tier builds upon the previous tier ensuring Care Home staff have the necessary knowledge and expertise to provide the most up to date high quality care for resident's post stroke

## Introductory Training: All Care Home Staff Training

### Experiential Workshop

**Who is this for?:** All Care Home employees, including, non-clinical office and catering staff.

**What will this involve?:** This is a short 60-minute introductory session in the Care Home with staff who work in that Care Home. The workshop will include discussion around the basics of stroke, causes, symptoms and the importance of recognition and response.

### **Suggested reading/learning:**

All staff directed to NHS Lothians Care Homes [Stroke Webpage](#)

**Please Note:** For some of the suggested reading/learning you will require a TURAS login, these are free and anyone can [sign up to have a Turas Login](#).

## Core Stroke Training: Direct Care Staff (Seniors and Care Staff)

### Carers Stroke Workshop

**Who is this for?:** Direct care staff and seniors only.

**What will this involve?:** This is a full day workshop to learn or enhance core skills and knowledge in relation to working with people affected by stroke. It will take place in a central location with a mix of staff from different Care Homes.

### **Suggested reading/learning (all staff):**

- [STARs' Core Competencies](#) (or equivalent)
- [Emotion Matters Module on Turas](#)
- [Carer Awareness - Equal partners in Care](#)
- [Your Posture Matters Module on Turas](#)
- [Trauma Informed Care Module on Turas](#)
- Webinars:
  - Stroke topics webinars
  - Link up and learn webinar

## Advanced training: NMC & HCPC Registrants

### Advanced Training

**Who is this for?:** NMC & HCPC Registrants

**What will this involve?:** Gaining a more in-depth knowledge of stroke than previous tiers by attending **Care in Stroke** parts 1 and 2 which cover information on acute stroke management, post stroke rehabilitation and stroke impacts.

### **Suggested reading/learning:**

- [Advancing STARs Stroke Modules](#)
- [National Clinical Guidelines for Stroke \(2023\)](#)
- [Scotland - Stroke Progressive Pathway](#)

## Specialist Stroke training: NMC & HCPC Registrants

**Who is this for?:** NMC & HCPC Registrants

**What will this involve?:** A move away from viewing stroke as an overall topic to a more in-depth look at specific topics relating to stroke; may involve attendance at face-to-face workshops.

### **Workshops examples:**

- Sexual Expression & Intimacy in Persons who have Experienced a Stroke
- Cognitive Rehabilitation for the MDT
- Upper Limb Apraxia – A functional approach
- Executive Function After Stroke: Assessment and intervention to optimise occupational performance