



STROKE EDUCATION



All Day Carers and Seniors Workshop

Who can attend: Direct care staff - carers and seniors working in a Care Home.

Where: In a central location with staff from a range of Care Homes.

Certificate: There will be a certificate of attendance following the course.

Aims and Objectives

By the end of the workshop Care Home staff will be able to:

- List the signs and symptoms of a stroke, identify risk factors, and describe the FAST (Face, Arms, Speech, Time) method for stroke emergencies
- Explain communication disorders and their impact post stroke
- Use effective communication strategies with stroke survivors
- Explain the impacts of Dysphagia (swallowing difficulties), treatments and empathy when assisting individuals post stroke
- Describe the importance of good nutrition for stroke survivors
- Identify cognitive effects of stroke and strategies to support individuals
- Support stroke survivors in relation to manual handling when transferring, in bed or when seated
- Demonstrate empathy towards stroke survivors by understanding the impacts of stroke
- Consider the effects of bladder and bowel issues post stroke and its management