

Think Carer

Training from VOCAL

Helping professionals identify and support unpaid carers

About

Think Carer training raises awareness of unpaid carers including the impact of caring and available support. Health and social care professionals are in an ideal position to identify carers and help them access the support and resources they need to improve their quality of life as well as that of the person they care for.

By the end of the session, you will:

- recognise who carers are and know how to identify them
- understand how the caring role can impact carers and know why carers need your support
- demonstrate an awareness of the key practice points of the Carers (Scotland) Act including Section 28
- know how to refer carers to supporting organisations and what support these organisations provide

We also deliver bite-sized sessions on **Future Planning, Wee Breaks** and **Adult Carer Support Plans (ACSPs)**.

Upcoming dates

Think Carer: Tue 6 May, 2pm to 3pm

Think Wee Breaks: Thu 8 May, 12pm to 12:30pm

Think Carer: Thu 15 May, 2pm to 3pm

Think Carer: Wed 28 May, 10am to 11am

Think ACSPs: Thu 5 Jun, 10am to 10:30am

Think Carer: Wed 11 Jun, 11am to 12pm

Think Future Planning: Tue 17 Jun, 2pm to 2:30pm

Sessions are delivered via MS TEAMS.

You can register using the QR code below, or by visiting vocal.org.uk/practitioners-employers/training/.



You can also contact Denise to arrange a **bespoke session** for your team.

For more information, contact Denise Millan, Partnership Training Officer on dmillan@vocal.org.uk.