

#CREDTalks: Care, Research Education and Debate: A forum to discuss what matters for social care



CREC Talk: Eating and drinking well in care homes – the missing pieces of the puzzle Tuesday 6th May 2025 15.00-16.00

Please click [here](#) to register for the event, which will take place via a Microsoft Teams Webinar.

Eating and drinking are fundamental to health and quality of life. Some people living in care homes need additional support with this, and staff provide skilled and complex care on a daily basis. This webinar will explore some of the key ingredients that can help with this.

We will be hearing from:

James Faraday (Newcastle Hospitals) & Jakarin Ali (Newcastle University) Better mealtimes for people living with dementia – Working with care home staff to improve and roll out a training programme.

Ellice Parkinson (Health Innovation East) How visible is drinking in care homes? Ellice will share some practical tips for anyone involved in hydration care of older people to prioritise drinking.

Philip Hodgson (Northumbria University) Hydration practices, policies and people – reflections on how to deliver hydration approaches in complex and diverse settings like care homes.

Please join us in creating a credible platform for social care research education and debate #CREDTALKS.

Please click [here](#) to register for
the event.

Click [here](#) for more details on
the webinar.

If you have any queries, please
email arcwessex@soton.ac.uk.

