



Are you interested in becoming a Restorative Supervisor?



Join the team of Restorative Supervisors across NHS Lothian who provide restorative supervision for colleagues. No minimum experience required.

What is Restorative Supervision?

Restoration is one of the **key components** of clinical supervision. It is a regular process of facilitated reflection on practice. Provided in a safe space to support staff wellbeing and professional development, and to promote high quality care. It is not performance or line management, or part of KSF appraisal.

Course Content

- 2 x 6 hour facilitated skills development workshops face to face (participants must attend **both** workshops).
- 4 x self-directed [online learning units](#) (Approx 6hrs)

Requirements: Completion of [Unit 1](#) and [Unit 2](#) before attending the first workshop date. [Unit 3](#) and [Unit 4](#) should also be completed prior to attending the second workshop date.

Face to Face workshops

Dates: See over for workshop dates in 2025

Time: 9am-4.30pm (both days)

Location: Available across a variety of NHS Sites

Further information on [NHS Lothian Clinical Supervision](#) can be found on the intranet.

Places on this programme are bookable via eEss: [Accessing Restorative Supervisor Training](#)

Please note:

Participants must attend **both** workshops.

2025 Workshop Dates

Time: 9am-4.30pm

Location: Available across a variety of NHS Sites

Please note:

Participants must attend **both** workshops.

Workshop 1	Workshop 2	Location
Jan 14 th	Jan 28 th	The Broch, Royal Edinburgh Hospital
Feb 3 rd	Feb 20 th	Carrington Room, Inverleith building, WGH
Mar 5 th	Mar 19 th	Arthur's Seat Room, RIE PEC
April 2 nd	Apr 23 rd	Almond Room, Education Centre, SJH
May 6 th	May 20 th	Carrington Room, Inverleith building, WGH

2025 Workshop Dates

Time: 9am-4.30pm

Location: Available across a variety of NHS Sites

Please note:

Participants must attend **both** workshops.

Workshop 1	Workshop 2	Location
June 10 th	June 24 th	The Broch, Royal Edinburgh Hospital
Sept 2 nd	Sept 16 th	Paul Taylor Lecture Theatre, Education Centre, SJH
Oct 7 th	Oct 21 st	The Broch, Royal Edinburgh Hospital
Nov 3 rd	Nov 17 th	Arthur's Seat Room, RIE PEC
Dec 2 nd	Dec 16 th	The Broch, Royal Edinburgh Hospital