

Podiatry input on prevention of issues for care home residents: 2 collaboration cases

Case 1: During an in-house training for basic foot care provided to the staff, a few residents were selected at random to check skin condition, nails and footwear

Case 2: A patient had struggled for mobility and had repeated falls. The podiatrist was visiting a different resident and the senior carer mentioned their concerns during conversation

Case 1: During this examination a carer noted that a patient had started to develop a blister on their heel after wearing new slippers. The group was quick to identify this as a potential risk of ulceration, protected the area, reported it to the nursing staff and discussed solutions to prevent this

Case 2: The senior carer had suspected footwear being part of the issues. Working together with the podiatrist they were able to identify this as one of the reasons linked to the falls, with the shoes being too small and not supportive

Case 1: This quick recognition and management of early signs of ulceration can prevent complications affecting quality of life for residents



Case 2: The senior carer ensured that a more appropriate footwear could be sourced, and an offloading insole was supplied afterwards, leading to more confidence for the patient when walking and reduced risk of falls



Key information



Carers' input is key in understanding the resident and the issues they may have, and they may be the first ones to notice if something is not right for their resident. Working together and/or raising issues to the visiting podiatrist can influence positively in the resident's quality of life if early detection and intervention is carried out.



How to contact Podiatry

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