
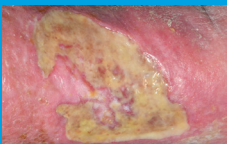








ERF - Primary Dressing Selection Guide

For secondary dressings please see the 'Choosing an Appropriate Wound Exudate Management Dressing chart'

		Low Exudate	Moderate Exudate	High Exudate
Necrotic Soft / Hard <small>(Excluding Black Heels)</small> 	Rehydrate & promote debridement	<ul style="list-style-type: none"> • ActivHeal Hydrogel • Prontosan Wound Gel X* • Flaminal Hydro* 	<ul style="list-style-type: none"> • MediHoney Apinate* 	<ul style="list-style-type: none"> • MediHoney Apinate*
Sloughy 	Promote autolytic debridement	<ul style="list-style-type: none"> • ActivHeal Hydrogel • DuoDerm ExtraThin • L-Mesitran Honey ointment* 	<ul style="list-style-type: none"> • Aquacel Extra • MediHoney Apinate* 	<ul style="list-style-type: none"> • Aquacel Extra • MediHoney Apinate*
Granulating 	Protect and encourage move to epithelialisation	<ul style="list-style-type: none"> • DuoDerm ExtraThin • Kliniderm Foam Silicone Lite 	<ul style="list-style-type: none"> • Kliniderm Foam Silicone 	<ul style="list-style-type: none"> • Biatain Silicone Foam • Mepilex Border Comfort Foam
Epithelialising 	Protect and promote	<ul style="list-style-type: none"> • Lomatuell Pro • DuoDerm ExtraThin • Kliniderm Foam Silicone Lite 	<ul style="list-style-type: none"> • If moderate exudate present consider infection or other holistic factors 	<ul style="list-style-type: none"> • If high exudate present consider infection or other holistic factors
Infected 	Manage infection and reduce bacterial load	<ul style="list-style-type: none"> • Flaminal Hydro • L-Mesitran Honey Ointment 	<ul style="list-style-type: none"> • Flaminal Forte • MediHoney Apinate • Iodosorb/Iodoflex 	<ul style="list-style-type: none"> • Aquacel Ag Extra + • Silvercell
Cavity 	Promote healing by secondary intention	<ul style="list-style-type: none"> • Requires a dressing to conform to the wound bed and not create a gap that allows exudate to build up • Consider loose packing with aquacel or hydrogel / flaminals • Consider referral to TVN / other specialist services for negative pressure wound therapy if suitable 		
Over / Hyper-granulating 	Dampen down tissue overgrowth	<ul style="list-style-type: none"> • Consider cause: Friction, Occlusion, Infection / Biofilm? • Exert pressure on tissue with double layer of non-adhesive foam • Secure foam with tape or bandage • Consider steroid ointment daily for 1-2 weeks if not resolving 		
Malignant / Fungating 	Management of symptoms	<ul style="list-style-type: none"> • Manage the complex symptoms • Refer to the <i>Forth Valley M:EMPHIS pathway</i> and use in conjunction with the <i>East Region Wound Formulary</i> to select appropriate dressings 		

* Note this is an antimicrobial dressing, use for 14 days then reassess