



# Winter Guidance **Respiratory Testing and Infection**



## Respiratory Testing



- **Routine staff testing for COVID-19 has been stopped.**
- **Certain individuals may still be eligible for testing - please consult NHS Inform**

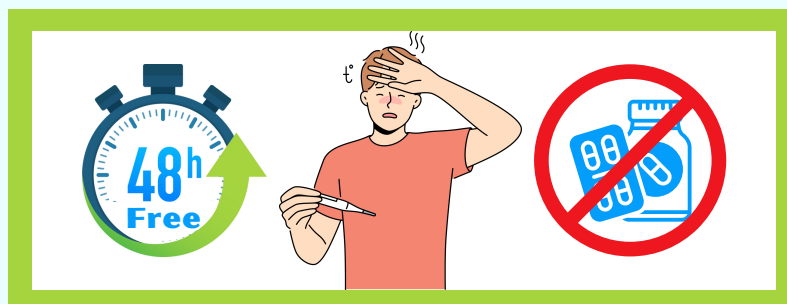
- **We would advise not to carry out LFD testing - these tests will only pick up COVID-19 infection.**
- **Staff who produce a positive result on testing are advised to isolate at home for 5 days.**
- **Staff with respiratory symptoms should now follow NHS Inform guidance. See below.**

**NHS  
Inform**



## NHS Inform Guidance

**If you feel too unwell to work then you should not go to work until you are feeling better.**



**If you have a temperature you should not go to work until you are temperature free for 48 hours without the use of temperature lowering medication e.g Paracetamol or Ibuprofen.**