

My Health - My Care - My Home

Healthcare Framework for adults living in care homes



Welcome to the first My Health, My Care, My Home newsletter.

The purpose of this is to give an update on what has been happening since publication of the Healthcare Framework and how we are progressing with our plan for implementation. Hopefully, you all will have seen the framework by now, but if not, it can be viewed and downloaded at: [My Health, My Care, My Home - healthcare framework for adults living in care homes](#)

Meet the team

The Framework Team sits within the Scottish Government's Adult Social Care Oversight and Assurance Division. The Division also has care home viability, root cause analysis and care home policy and guidance within its remit.

Our team is headed up by Bryan Little, with policy support from Kirstin Millar, Ruth Ridout and Karis McCallum. We are also very fortunate to have clinical support from a number of professional advisers, including Dr Paul Baughan, Jan Beattie, Dr Lucy McCracken, and Mhairi Hastings. You can contact us at: CareHomesHealthCare@gov.scot.

What we've been doing

Since publication in June, the team have been taking time to reflect and understand the reach of the framework and to think about how we can work with the whole sector to best implement the recommendations.

We have undertaken **analysis of all 78 recommendations**, to determine where they sit in terms of delivery and influence. It is our intention to communicate the outcome of our analysis with Health and Social Care Partnerships, Chief Officers and our key stakeholders over the coming weeks.

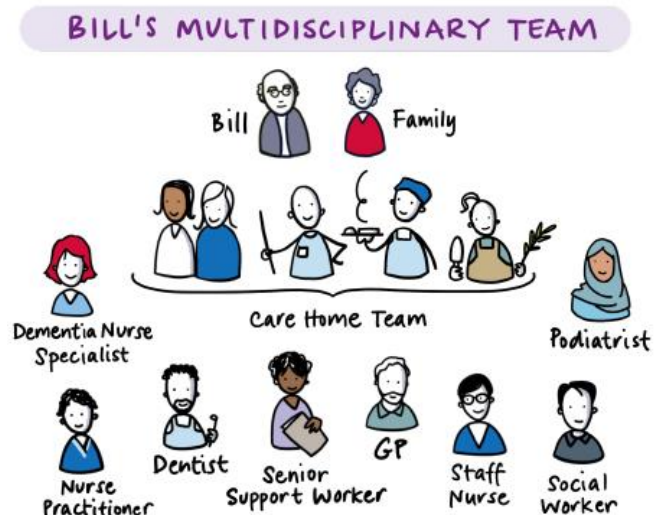
We are also in the process of **developing a monitoring and evaluation plan** which will cover how we are going to progress with short, medium, and long term outcomes, and will involve a mixture of qualitative and quantitative methods. In line with that, we are also looking at ways to source and collate data to measure the impact of the framework.

We have also identified several **outcome based improvement projects** that have those living and working in care homes at their heart, and address many of the recommendations of the framework. These are still being developed but further details will be shared soon.

To complement and support implementation of the Framework, and to raise awareness of what good care looks like, we have produced [a short animation](#), which will be the first of a series, detailing the life of 'Bill', a fictional character, who moves into a care home following a decline in health.

We have also produced **two posters** to help raise awareness of the framework and to promote

multidisciplinary team working, which is a strong focus throughout the framework. Over the next few weeks, we intend to send copies of these to all care homes in Scotland to be displayed in a prominent place and/or to be used as discussion pieces with staff and residents. We will also share copies by email for anyone who would like them.



Care Home Visits



In August, Bryan and Christine McGregor (Unit Head, Adult Social Care Oversight and Assurance) accompanied Kevin Stewart (Minister for Mental Wellbeing and Social Care) on a visit to Chambers Court care home in Fife, to undertake a formal launch of the framework and to learn more about the **Hear my Voice and Return to**

Sender initiative, which was very influential in shaping the framework. The collaboration between Abbotsford Care and Fife HSCP looks at exploring new methods of engagement with people living in care homes. You can see a short video of this visit below and get more information from our [blog post](#).



Jan Beattie, an AHP Professional Advisor for Scottish Government, visited Viewlands House in Perth to see Perth and Kinross' [Go4Gold Event 2022](#) first-hand. This is an annual Care Home Games Challenge event that started in 2012. This year, participants took part in games such as netball, skittles, and golf. The event allowed care homes to

come together (virtually) to have fun through physical and creative activities. You can read this [blog post](#) which gives more information about the event.

As a team we are aspiring to undertake more visits to speak to those living and working in care homes. **Please get in touch if there is anything you would like to share or promote with the team.**

How we can work together

The framework is for the whole sector, and we are all responsible for its delivery.

As a team, and a government, we want to ensure that a whole system approach is taken to actively using the framework and driving improvement to achieve better outcomes for people living in care homes.

We are still working on establishing a governance route internally for the framework, and it is our intention to form an 'implementation group' once that has concluded, to help us take forward this important piece of work.

Stakeholder Webinars

Over the course of the next few months we will be hosting a **series of webinars** on Microsoft Teams that will focus on key chapters of the Framework and the associated recommendations. Our primary aim is to raise awareness of the Framework and to share with you our work going forward and highlight examples of good practice through guest speakers. The dates and details for these webinars are provided below. We hope that you and or your colleagues will be able to join as many of these sessions as possible.

Webinar	Date	Time	Joining link
MDT & Anticipatory Care	22 November	10.00-11.30	Join Here
A Skilled & Sustainable Workforce	30 November	11.00-13.00	Join Here
Palliative and End of Life Care	8 December	10.30-12.00	Join Here
Nurturing Environment & Prevention	24 January	10.00-11.30	Join Here
Urgent & Emergency care	21 February	14.00-15.30	Join Here

Data & Digital	21 March	11.30-13.00	Join Here
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In early 2023 we are also looking to host a **specific webinar for care home managers** in collaboration with Scottish Care and the Care Inspectorate. More details will follow.

Holyrood Health and Care Festival 2022 – 6 to 8 September

Bryan and Christine were invited to speak about the Framework on day 3 of the [Holyrood health and care festival](#). The agenda for the day was centred on older people’s health and wellbeing and focused on how we can support older people to age and live well; and access the right health and care services, in the right place, at the right time.

NHS Lothian Care Home Conference – 22 September 2022

Last month Bryan and Paul were invited to discuss the framework with attendees at the NHS [Lothian Care Home conference](#) at Murrayfield Stadium.

We’d like to thank staff at NHS Lothian for the opportunity to take part in this wonderful event.



Urgent and Unscheduled Care Collaborative, National Winter Learning Event – 19 October 2022

Earlier this month we were invited to present the Framework at the Urgent and Unscheduled Care Collaborative National Winter Learning Event. It was a great opportunity to reach across into the world of urgent care and to hear about so many positive areas of work taking place right across the system. Details of the event can be

found on Social media at [@UUCScot](#) or by contacting the team at unscheduledcareteam@gov.scot

New research project on the Healthcare Framework

[Dr Jenna Breckenridge](#), ESRC Policy Fellow, Social Care Analytical Unit/ University of Dundee, is conducting a qualitative study on how evidence-informed understandings of ‘good’ social care can be embedded into National Care Service policy. Jenna is using the framework as a case study to examine how policy makers conceptualise, find, and use evidence as part of its design and implementation.

The research will include 5-10 interviews with care home managers to seek their views on ‘good’ practice and how this is best shared with policy makers.

Jenna is also going to be interviewing up to 15 people involved in developing and writing the framework to understand how they used and embedded different forms of evidence in its design.

When developing the framework, we heard many examples of excellent innovative practice. We want to keep hearing about good practice that is already taking place and want to know how this can be best shared with policy makers.



If you would like to find out more about Jenna’s research, then please contact jenna.breckenridge@gov.scot.

Get in touch

We are keen to hear of any work you are doing in your care home or area that relate to the improvement projects, or any of the other recommendations more generally, that will assist with the implementation of the framework.

Please contact carehomeshealthcare@gov.scot if you have information you would like to share or if you would like to get involved.