Partnership in action!

Care Home, NHS Lothian & EHSCP

Akbar Mir, Manager Elsie Inglis Nursing Home









What is partnership?

"Coming together is a beginning, staying together is progress, and working together is success."

Henry Ford.



Elsie Inglis Nursing Home History

- Elsie Inglis is set within the original Elsie Inglis Memorial Maternity Hospital (EIMHH)
- EIMHH was opened in 1925 and closed in 1988
- It is situated on the very edge of Holyrood Park, with panoramic views of Arthur's Seat and Salisbury Crags with private access to the many paths and features of the Royal Park.
- After closure of hospital the building was converted and opened as a Nursing Home in 1992 with 69 rooms. It then closed in 2011
- Now refurbished to a premium and modern nursing home and re-opened in 2021 with 49 rooms





Partnership Background

- In November 2021 there were increased pressures on NHS beds due to a shortage of care at home services
- Elsie Inglis was approached by Edinburgh Health and Social Care Partnership to provide interim care
- 19 rooms on the ground floor of the home was block purchased subsequently
- There was no lead GP service in place at the time therefore, NHS Lothian provided Advanced Nurse Practitioner cover instead
- ANP was supported by a consultant geriatrician



How did ANP (medical) model work?

- There was daily input from a seconded ANP supported by IMPACT nurse team
- Remote support from a Consultant Geriatrician on site reviews if required
- Daily support for new care home nurses and carers
- On site pharmacy support for ANP and nursing staff
- Polypharmacy reviews on admission
- Weekly multidisciplinary team meeting with ANP, Geriatrician, nursing team and management team, pharmacy, Occupational Therapy and the Interim Care Team.
- Clear escalation procedure



Challenges!

- Lack of an appreciation among public sector colleagues about how independent sector works including contracts and regulatory requirements
- Clarification of roles of responsibilities
- Covid 19 isolation guidance on discharge from hospitals at the time
- Decision making process about suitability of patients for interim care
- Managing discharge process is a work in progress!



Opportunities!

- Utilizing excellent skills, knowledge and facilities of care home staff to relieve pressure on hospital beds
- Better outcomes for the patients as they live in their private room as well as have freedom to use satellite kitchens, lounges and dining rooms etc.
- Reduced risk of hospital acquired infections
- Reduced costs compared to staying in a hospital without a medical need
- Slower paced support for the that improves resident's confidence

A Problem is Just a Misunderstood Opportunity.

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Lessons Learned

- Communication
- Teamwork
- Trust and respect
- Learn from mistakes
- Baby steps! Incremental improvement
- Patients and residents at the centre of decision making



Please feel free to ask any questions!



Thank you very much for attending this session

thankyou.