



**Lothian Care Homes and  
Care at Home Conference**

**22/09/2022**

**BT Murrayfield Stadium**

**"Caring and Learning  
Together"**

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# Welcome...

To the first Lothian Care Homes and  
Care at Home Conference.  
With collaboration across all Lothian  
Health and Social Care Partnerships  
and Stakeholders, we have been able  
to organise this exciting event.

**22nd September 2022**

**09:00 - 15:45**

**Lothian Care Homes and Care at Home Conference  
BT Murrayfield Stadium**

# **Event Itinerary**

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09:00 Registration & Poster Viewing

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09:45 Keynote Speakers

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10.30 'The Right to Family Life - Care  
Home Relatives Scotland, Our Story'

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11:00 Morning Breakout Sessions

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12:00 Lunch and Poster Viewing

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13:00 'Tree of Knowledge - Emotional  
Rollercoaster'

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14:00 Coffee and Poster Viewing

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14:30 Afternoon Breakout Sessions

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15:30 Evaluation and Closing Remarks

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# Main Room



**Professor  
Jason Leitch**  
Scottish Government

**Karen Hedge**  
Deputy CEO  
Scottish Care

**Alison MacDonald**  
Executive Director  
Nursing, Midwifery and  
AHPs  
NHS Lothian

**Gavin Oattes**  
Tree Of Knowledge  
Emotional  
Rollercoaster

**Natasha Hamilton &  
Alison Leitch**  
'The Right to Family  
Life - **Care Home  
Relatives Scotland,**  
Our Story'

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## Morning Breakout Sessions

### Room 1

#### **Cutting out the Middleman: Launch of a Direct Referral**

Jackie Stevenson, Lead  
Prescribing Support Dietician,  
NHS Lothian

#### **MINDSET RESET: Staff Mental Health & Wellbeing**

Alison Payne, Erskine Edinburgh  
Home Manager & Ashley  
Kvasiliene, Home Manager

#### **My Health, My Care, My Home – A healthcare framework for adults living in care homes**

Bryan Little, Team Leader & Dr  
Paul Baughan, GP

### Room 2

#### **Working Together to Deliver Quality Care: The Lothian Care Academy**

Mhairi MacKay, Senior Project  
Manager & Donald Boyd, Programme  
Manager, NHS Lothian

#### **'The Uncontrolled Environment': Risk Management and Aversion**

Mark Swatton, Head of Clinical Governance, IP&C  
and Compliance & Lindsay Weir, Service Manager  
Call-in Homecare

#### **Early DETECTION for your clients PROTECTION: Care at Home**

Joyce Murray, Senior Improvement  
Advisor  
Care Inspectorate

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## Morning Breakout Sessions

### Room 3

#### **Right Care in the Right Place: Hospital at Home**

Dr Emma Rankin, Doctor LUCS/Hospital at Home & Dr Carolyn Armstrong, Consultant, NHS Lothian

#### **Partnership in Action: Care Home and NHS**

Akbar Mir, Manager  
Elsie Inglis Nursing Home

#### **Bringing Education Alive: Online Supportive Conversations and Reflection Sessions on Death and Dying**

Julie Watson, Senior Researcher University of Edinburgh

### Room 4

#### **Improving H&SC outcomes through Anticipatory Care Planning**

Anna Wimberley, Project Team Manager & Tracey Rogers, Project Support Manager

#### **Closing a Home in a Pandemic**

Presented by Shona MacDonald,  
Manager  
Braeburn Home

#### **The Curious Case of Hearing Care in Care Homes**

Amy Meikle, Audiologist & PhD Candidate

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## Afternoon Breakout Sessions

### Room 1

#### **A Hard Day's Night (Shift): Supporting staff well being and retention**

Lucy Johnston, Senior Research Fellow & Dr Susan Shenkin, Reader and Honorary Consultant

#### **Riding the Waves: Journey of HPT**

Amie Borge, Advanced Health Protection Nurse & Amy Geddes, Health Protection Nurse  
NHS Lothian

#### **The Herbert Protocol**

Karen Thom, Strategic Planning and Commissioning Officer & PC Yocksan Bell, Missing Persons Operational Co-ordinator  
Police Scotand

### Room 2

#### **Growing a Good Life - Small changes and big impacts**

Presented by Louise Kelly, Senior Improvement Advisor Care Inspectorate

#### **Medicines, Help is at Hand**

Presented by Karen Reid, Lead Pharmacist  
Edinburgh Health and Social Care Partnership

#### **How can the Multi-Disciplinary Team Support Care Homes to Reduce Falls and Promote Physical Activity During a Pandemic?**

Jo Gordon, Falls Co-ordinator,  
NHS Lothian

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## Afternoon Breakout Sessions

### Room 3

#### **Breaking the mould of traditional Learning environment's**

Cheryl Henderson, CH Education & Development  
Co-ordinator & Avril McIvor, Lecturer

#### **Are you Being Served?**

Rebecca Kellet, Speech and Language Therapy  
Clinical Lead for Dementia & Daisy Blair,  
Speech and Language Therapist  
NHS Lothian

#### **Medicine Improvement Project: Care Homes**

David Marshall, Senior Improvement Advisor,  
Pharmacy  
Care Inspectorate

### Room 4

#### **The Sensuous-Sexual Expression Framework: A Practical Framework for Persons Living with Dementia in Nursing Homes.**

Dr Karen Rennie, Lecturer,  
Queen Margaret University

#### **Happy Feet**

Amanda Vardy, Team Lead Podiatrist &  
Gillian Hawthorne, Lead for Domiciliary  
and Care Home Team  
NHS Lothian

#### **Empowerment Through Technology: PainChek**

Adeel Arshad, Clinical Services  
Manager, Omnicare Pharmacy

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# **Registration**

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This conference is free  
to attend however  
spaces are limited.

Please complete our  
online registration form  
to secure your place.

Any questions, please contact us via  
[carehomes@nhslothian.scot.nhs.uk](mailto:carehomes@nhslothian.scot.nhs.uk)

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# Lothian Care Homes and Care at Home 2022 Conference

## Getting to BT Murrayfield Stadium

### By Car

BT Murrayfield is located to the west of the city and has private parking for over 800 cars. Your destination postcode is EH12 5PJ

### Car Parking

The only authorised car parking is in the West Stand car park or as directed by security.

Parking on the perimeter road is not permitted. Neither Scottish Rugby or Scottish Rugby Hospitality accepts responsibility for any damage to a vehicle parked within the stadium. Parking overnight in the car park is not permitted.

### By Air

Edinburgh International Airport is located just 6 miles from the stadium. Buses, trams and taxis are all available with direct links to the stadium.

### By Bus

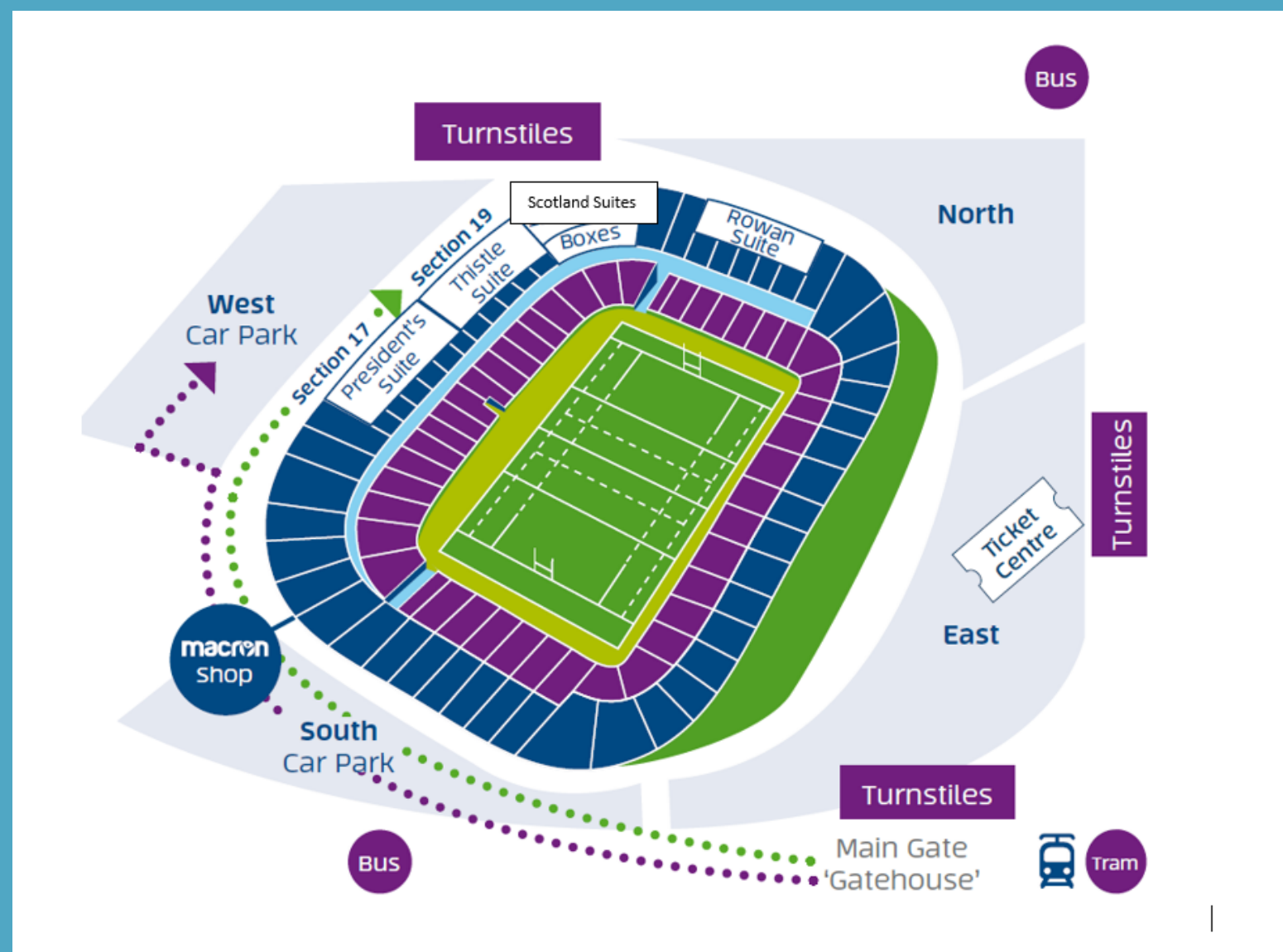
Edinburgh's main terminal is situated in the city centre at St Andrew's Square, in Elder Street. Bus number 22 runs past the stadium. [citylink.co.uk](http://citylink.co.uk) / [lothianbuses.com](http://lothianbuses.com)

### By Tram

Edinburgh's tram system runs from Edinburgh Airport into the city centre every 10 minutes. There is a stop conveniently located outside the stadium. [edinburghtrams.com](http://edinburghtrams.com)

### By Train

Edinburgh is serviced by two railway stations, Waverley & Haymarket and has a growing network of direct routes. For train timetables and real-time running times contact National Railway Enquiries on 08457 49 50 or visit [nationalrail.co.uk](http://nationalrail.co.uk)



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