

Families and Carers Quick Guide

<p>Contacting the Melville Inpatient Unit Monday-Friday 9-5</p>	<p>Please call reception 0131 312 0050/0051.</p>
<p>Contacting the Melville Inpatient Unit 5pm onwards, weekends, and public holidays</p>	<p>0131 312 0032/0033</p>
<p>Mealtimes Visiting Young People who do not have an eating disorder</p>	<p>Mealtimes are what is called a “protected” time for young people to eat together. We would encourage young people to eat together and encourage you to not visit during mealtimes. This is unless visiting at mealtimes has been agreed with you and the young person in care planning meetings.</p>
<p>Mealtimes Visiting Young People who do have an eating disorder</p>	<p>Mealtimes are what we call “protected” time for young people to eat together. If a young person has an eating disorder a therapeutic clinical intervention will be for meal support to be provided by the nursing team. We would encourage you not to visit at mealtimes. This is unless you are providing meal support (this will be discussed with you and the young person in care planning meetings).</p>
<p>Visiting the Melville Inpatient Unit Monday -Friday 9-5</p>	<p>During M-F 9-5 visitors would come to the main reception area and reception will call the ward to inform them that visitors are here.</p>
<p>Visiting the Melville Unit out with office hours</p>	<p>Out with office hours, visitors would come to the side entrance of the ward and press the doorbell/intercom and a member of the nursing staff would let visitors in (if all ok with the young person).</p> <p>If there are any clinical incidents taking place in the ward, nursing staff will welcome visitors at the main entrance of the Melville unit.</p> <p>This is to avoid visitors entering the communal area of the ward during times when a clinical incident is occurring</p>
<p>Visiting Young Peoples Bedrooms</p>	<p>Visits can take place in a young person’s bedrooms. However, there may be occasion</p>



	such as maintaining safety, dignity and respect of other young people that the nursing team will recommend that visits take place in the dining room or another room.
Visiting a young person under 16 with no adult supervision	<p>For under 16 visitors, with no adult present, we usually ask that these visits take place in the dining room, and a staff member observing.</p> <p>If there is an adult present, then these visits could take place in the young person's bedroom area.</p> <p>However, there may be occasion such as when we are maintaining safety, dignity, and respect of other young people that the nursing team will recommend that visits take place in the dining room or another room.</p>
Young People who are inpatients spending time in each other's room	We advocate that young people do not go into one another bedroom. This is to ensure that each person's bedroom is a safe space for them.



