

Families and Carers Quick Guide

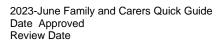
Contacting the Melville Inpatient	Please call reception 0131 312 0050/0051.
Unit	
Monday-Friday 9-5	
Contacting the Melville Inpatient	0131 312 0032/0033
Unit 5pm onwards, weekends, and	
public holidays	
Mealtimes	Mealtimes are what is called a "protected" time
Visiting Young People who do not	for young people to eat together.
have an eating disorder	We would encourage young people to eat
	together and encourage you to not visit during
	mealtimes. This is unless visiting at mealtimes
	has been agreed with you and the young
BA - Itina -	person in care planning meetings.
Mealtimes	Mealtimes are what we call "protected" time for
Visiting Young People who do have	young people to eat together.
an eating disorder	If a young person has an eating disorder a therapeutic clinical intervention will be for meal
	support to be provided by the nursing team.
	We would encourage you not to visit at
	mealtimes. This is unless you are providing
	meal support (this will be discussed with you
	and the young person in care planning
	meetings).
Visiting the Melville Inpatient Unit	During M-F 9-5 visitors would come to the
Monday -Friday 9-5	main reception area and reception will call the
	ward to inform them that visitors are here.
Visiting the Melville Unit out with	Out with office hours, visitors would come to
office hours	the side entrance of the ward and press the
	doorbell/intercom and a member of the nursing
	staff would let visitors in (if all ok with the young
	person).
	If there are any clinical incidents taking place in
	the ward, nursing staff will welcome visitors at
	the main entrance of the Melville unit.
	This is to avoid visitors entering the communal
	area of the ward during times when a clinical
	incident is occurring
Visiting Young Peoples Bedrooms	Visits can take place in a young person's
	bedrooms. However, there may be occasion

2023-June Family and Carers Quick Guide Date Approved Review Date





	such as maintaining safety, dignity and respect of other young people that the nursing team will recommend that visits take place in the dining room or another room.
Visiting a young person under 16 with no adult supervision	For under 16 visitors, with no adult present, we usually ask that these visits take place in the dining room, and a staff member observing.
	If there is an adult present, then these visits could take place in the young person's bedroom area.
	However, there may be occasion such as when we are maintaining safety, dignity, and respect of other young people that the nursing team will recommend that visits take place in the dining room or another room.
Young People who are inpatients	We advocate that young people do not go into
spending time in each other's	one another bedroom. This is to ensure that
room	each person's bedroom is a safe space for
	them.







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