

# Obesity Management Medication

## Safety information for private prescriptions

### Information for patients

NHS Lothian Weight Management Service

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Taking these medicines if they are not prescribed for you can be dangerous. Only take them if they are prescribed by a registered healthcare professional.



Only take medicine from an **authorised source**, such as a registered pharmacy.



Consider how long you can afford to take the medicine as their cost may change. They are meant to be taken for a long time. **If you stop taking the medicines you may regain weight** and lose any improvements in health due to weight loss e.g. blood pressure, cholesterol, and blood glucose.



Always give **correct details of your medical history** to who is prescribing the medicine.



Only use these medicines in combination with a **healthy balanced diet and regular physical activity**.

## Report adverse side effects or fake products

As these medicines are still quite new, they are monitored by the Medicines & Healthcare products Regulatory Agency (MHRA). If you have experienced an adverse side effect or a defective or fake product, or know someone who has, please report it at <https://yellowcard.mhra.gov.uk/> or scan the QR code.



## Contact us

Email: [loth.weightmanagement@nhs.scot](mailto:loth.weightmanagement@nhs.scot)

Phone: 0131 537 9169 (Monday to Friday 9am-4pm or leave a message).

Website: <https://services.nhslothian.scot/awmt2d/>

