

Patient Information: BPPV appointment

How long will the appointment be?

Around 40 to 60 minutes

What to expect during the appointment

At your appointment a full history regarding your symptoms, general health and hearing will be carried out.

This will be followed by an examination of your ear along with a hearing test, the results of which will be discussed at the time.

The test for BPPV will then be carried out. This is called a Dix-Hallpike and involves moving from sitting to lying back. If this results in a positive test a repositioning manoeuvre to treat this form of dizziness can be carried out. This appointment can last up to an hour.

Please refrain from wearing eye makeup when attending your appointment.

Please Note that there are limited facilities available in the building and it is recommended you bring your own water bottle.