



## Creating an ACP for people with severe frailty at home

Check to see if there is an ACP-KIS, use any information recorded to inform your ACP discussion.

Complete the ACP questions with people at home. Use the ACP patient/relative information leaflet and guidance on the first page of the ACP questions document to help inform your discussion.

Transfer the information to the 'ACP-KIS request to GP practices' form (under the 'Plan for future treatment, including Covid19' header)

Complete any other information under the special notes headers in the ACP-KIS request form that you think would be useful (either from notes or the ACP conversation)

Email to GP practice using the template covering email provided by the ACP team and/or discuss at GP meetings and directly input to ACP-KIS

Ask GP practice teams to give you 2 copies of the updated ACP-KIS: keep a copy in the District Nurse notes in the person's home, and give a copy to the person to keep with their DNACPR form, or somewhere they can easily find it and show SAS/OOHs should they be called in.

Ask the person to display a KIS fridge magnet in an obvious place so OOHs/SAS/H@H etc know to ask/think to check for an up-to-date KIS to help inform shared decision making

Forward ACP team CHI numbers to follow up/sample KISs to review if the information has been uploaded / liaise with GP practices etc.

For support or more information please contact  
[AnticipatoryCarePlanning@nhslothian.scot.nhs.uk](mailto:AnticipatoryCarePlanning@nhslothian.scot.nhs.uk)